



SHYC OPTIMIST SAFETY CHECK LIST

All Optimists used in the SHYC program must meet the following safety requirements.

Sailor Name: _____ Opti Sail Number: _____

Boat Name: _____ Opti Rack #: _____ Sail Tube #: _____

- _____ **Life Jacket:** US Coast Guard approved, properly sized for child
- _____ Whistle attached by lanyard to life jacket

- _____ 30' Bow line, floating, 5mm minimum diameter, no knots (1/4")
 - Secured to mast step
 - Must NOT be passed through drain hole in bow (bow loop optional)

- _____ Bailer: 1 minimum, at least 1 liter, tied to boat (2 strongly recommended)

- _____ Air Bags: 3 airbags, firmly inflated & able to hold air (external bag must be well secured by three straps)

- _____ Rudder Retainer Clip (to keep rudder secured to transom)

- _____ Daggerboard lanyard (to prevent it from floating away in capsized).

- _____ Mast Tie in system (line and/or locking collar)

- _____ Bridle/mainsheet connection: must be a trigger snap shackle-type device capable of easy/quick disconnect (screw pins, clips, or tying with line is not acceptable). Cannot be self-opening or able to snag on clothing, lifejacket, or towline.

- _____ Mainsheet Bridle: no looser than 100 mm (approx. 4") from the boom at any point (to prevent entrapment)

- _____ Sail: must be properly attached to boom/mast with all necessary tie lines

- _____ Sprit-pole with necessary lines/pulleys

- _____ Vang: must have a working cleat and line

- _____ Paddle or Praddel

- _____ Tiller Extension with working universal joint

NOTES: _____

I have personally checked and this Optimist Dinghy meets ALL Safety Requirements above.

Signed by SHYC Instructor or Flag Officer: _____

Printed name of signer: _____

Date: _____