

Sachems Head Yacht Club - Coach – Mallory Hood



Age: 18

Contact info: (360)220-2104 or hoodmallory2000@gmail.com

School: I will graduate Sehome High School in June 2018 and will attend college in Fall 2018. I plan to major in biomedical engineering.

Where you grew-up sailing: Bellingham Yacht Club in Bellingham, WA

About your youth sailing/racing experiences: I started sailing MC Scows with my dad when I was five. As a kid, I sailed various boats on the lakes and bays around my house. I participated in Youth Circuit Regattas throughout the Northwest ever since. I sailed Etchells, 29ers, lasers, and FJs through Bellingham Yacht Club's Summer race team and competed in local regattas. I raced Etchells and various PHRF boats in community race nights throughout the summer for the past three years.

About your high-school and/or college sailing/racing: I competed in NWISA high school sailing for five years. I was the captain of my team my junior and senior year and attended various national regattas, including the Keelboat invitational in 2015 and Team Race Nationals in 2016.

Past coaching experience: I have taught beginning high school sailors on my team for the past few years. I have also volunteered and instructed at the Bellingham Yacht Club Learn-to Sail Classes for the past two summers, helping teach kids age 8-16.

Certifications: US Sailing Level I and CPR/First Aid Certification

What you like best about coaching kids: I love watching kids figure out sailing, and seeing them improve and become proud of their accomplishments. It is great to see them fall in love with sailing!

Other favorite interests & activities: Fencing