



SHYC JR Programs – Parent Communication (5/22/20)

Junior Program Start Date: The state of CT has announced that youth summer sports and camps can begin activities on June 22nd. SHYC is planning to start our JR Sailing & JR Tennis programs on Monday June 22nd.

Fluid & Flexible Plans: We will continue to make updates and plan modifications as we learn new information from the State, CT Office of Early Childhood (COEC), American Camp Assoc (ACA), US Tennis Association, US Sailing Association, and the CDC. We will be putting best practices and procedures in place to ensure that we offer a safe and sanitary environment for our juniors and staff. We are prepared to adapt our plans as and when necessary, as we move forward. We ask that the parents and participants please be patient, understanding, and flexible, as we do our best to develop programs, safety procedures, and health policies, in real time, amid a highly dynamic, evolving landscape. While we will try to offer as much as we can, for as many juniors as possible this summer, protecting the health and safety of all involved, and following all the required protocols, must come first.

General Structure for SHYC Junior Programs for Summer 2020 *(Update as of 5/22, subject to change)*

1. **JR Sailing & Tennis Only:** At this time, SHYC JR Swimming is unfortunately postponed indefinitely.
2. **Session Dates:** Programs will be offered in four, 2-week sessions: A) June 22-July 3, B) July 6-17, C) July 20-July 31, and D) August 3-14. **Pricing and online sign-up will be coming June 1st!**
3. **Sailing Class Sizes:** In order to safely manage each class, and to follow the necessary COVID-19 procedures, sailing class sizes will be limited. Class sizes will range from 4 to 7 sailors per class, per coach (based on session, age, skill level, and boat type).
 - a. **Sailing Class Costs:** All 2-week sailing classes will be \$275/session. Classes will be half day (morning or afternoon), and will run Monday-Thursday. (*Opti3 -Race will be \$325/session, will have longer afternoon classes, and also will include Fridays.*)
4. **Tennis & Tennis Class Sizes:** Tennis class sizes will initially be based on 4-players per court. We will follow the USTA Guidelines for junior tennis, along with the ACA guidelines. Initially, there will be no inter-club travel tennis team play. If competitive opportunities open up in our area, we will consider.
 - a. **Tennis Class Costs Per 2-Week Session:** Tennis classes will be \$150/Session (Tues, Wed, Thrs). Tennis Competition Class (Mon & Fri) will be \$100/Session.
5. **Assigned Class Groups:** To limit mixing and to isolate contact if necessary, participants will stay with their assigned class (and coach) for the duration of each 2-week session.
6. **Space Limitations & Class Max Size:** *Because of the official state guidelines, distancing requirements, and necessary safety measures, we may not be able to accommodate all SHYC sailors and tennis players in all Sessions. If juniors cannot be accommodated in one Session, we will try to offer priority placement in the next Session. Priority may be given to those with more experience for safety reasons and safe class management.*
7. **Details on Sailing Sessions:** Note this is subject to change...
 - a. **Sailing classes will run Monday through Thursday:** Opti3 Race will also practice on Fridays.
 - b. **Sailors will sign up for sailing in 2-week Sessions:** If space is available, sailors can do all 4 sessions. Some classes may fill up in some sessions. Not everyone can be accommodated in their first choice selections.
 - c. **Boats:** Lasers, BICS, and OPTI are BYO (must be provided by the sailor). FEVAs are club provided and sailors will pay an Access Fee of \$75/Session. If we open up 420 Sailing in Session-B, the Access Fee will be \$75/Session.
 - d. **Session A (June 22-July 3) = Everyone is a Skipper!** We will start with **single-handed only** sailing for Session-A, for those of intermediate level and above (eg, sailors must be able to rig and solo sail). Boat options will include: Optis, BICs, Lasers, and FEVAs. (For Session A, FEVAs sailing will only be for sailors who are 13yrs+ and who feel comfortable sailing alone - we will modify the rigging for safe single-handing).
 - e. **Sessions B, C, and D:** July 6-17, July 20-July 31, August 3-14.
 - **Both Single & Double Handed Sailing is offered:** We are targeting adding Double Handed sailing (in FEVAs & 420s) starting in Session B (July 6th). Single handed options will also be offered, with any needed modifications from what we learn in Session-A.
 - **Beginner Sailing (Opti 1 & Sea Squirt Combo for 6-8yrs):** Starting in Session-B, we will offer a sailing class for total beginners. This class may be mostly land-based, with a marine focused curriculum. If the regulations change, and we can safely get beginners on the water, we will!
 - f. **Travel Regattas:** Initially, there will be no regatta travel. If these opportunities open up in our area, we will consider adding into our program.

- g. **Paddleboard Class on Friday:** We are adding a new Tween/Teen paddleboard class (75min) on Fridays (BYO paddleboard, for ages 10+). We will run this on Friday morning, and there will be two time options, 9:30-10:45 and 11-12:15. Each time block will have two classes of 6 paddlers. This class will be \$50/Session.
- h. **Ages:** *Class age cut-offs are based on age as of Labor Day (end of summer)*
- i. **Proposed AM Sailing Classes (approx 6 kids per class, 2 week class) = \$275/session**
 - SeaSquirts/Opti 1 - Landbased, Marine Education - 6-8yrs (STARTS SESSION-B)
 - Opti 2 Adventure - Ages 9+ (must know how to solo an opti & rig) (ALL SESSIONS)
 - Opti 2 Race - Ages 9+ (must know how to solo an opti & rig) (ALL SESSIONS)
 - BIC Adventure - Ages 10+ (must know how to solo a BIC & rig) (*SESSION-A, this class may turn into morning FEVA Intro, BICs may continue or merge into Opti 2 Adv*)
 - FEVA Intro - Ages 10+ (must know how to sail) (STARTS SESSION-B)
- j. **Proposed PM Sailing Classes (approx 6 kids per class, 2 week class) = \$275/session**
 - Opti 3 Race - Ages 10+ (ALL SESSIONS, \$325/session)
 - BIC/Opti Adventure - Intermediate SingleHanded - Ages 12+ (*SESSION-A, these kids may roll into FEVA Doublehanded for SESSION-B*)
 - FEVA Intermediate SingleHanded - Ages 13+ (SESSION-A ONLY)
 - FEVA Intermediate DoubleHanded (may use c420s) - Ages 12+ (STARTS SESSION-B)
 - Laser Race Training (may use c420s) - Ages 13+ (ALL SESSIONS)

8. COVID-19 Health & Safety:

- a. **Health Screenings:** All participating students and staff will need to pass a daily health screening. Details coming on how this will be managed/executed. This will be REQUIRED daily, prior to starting class or working.
- b. **Fevers, COVID-19 Symptoms, and COVID-19 Exposure Protocols:** We are developing our protocols and plans for responding. More details coming.
- c. **Juniors with High Risk Health Conditions:** At this time, we do not recommend that children with preexisting health conditions which put them at high risk for COVID-19 complications, participate in the SHYC JR Programs this summer; however we leave that final decision up to the parents and their child's doctor.
- d. **COVID-19 Rules & Behaviors & Waivers:** All participating students, and their parents/guardians, will need to sign a behavioral contract to follow the SHYC COVID-19 rules, including wearing a face covering (eg, mask, buff) while on land, 6' social distancing, staying with their assigned group, following rigging procedures, following hand sanitation procedures, and meeting (and submitting) the daily health screening form. There will be a behavioral plan and discipline policy in place for not following COVID-19 rules. All participants, parents, and staff will also be required to sign a COVID-19 Waiver.
- e. **Face Coverings & Hand Washing:** All sailors and tennis players will be required to wash their hands for 20+ seconds using soap upon arrival, after sailing/playing, before eating, and when they arrive at their next location. Outdoor sink(s) will be in place to facilitate the hand washing process. Face coverings will be required for all participants (*detailed guidelines coming on face covering procedures - including when they can be removed for safety/athletics*).
- f. **Drop-off, Pick-up, Gear, and Lunch Procedures:** Plans/procedures will be modified from what happens in a "normal" SHYC summer – start/end times will be slightly adjusted for some classes, class meeting locations will be spread out across the facility/rock, lunch policies will be modified, gear storage will be modified, etc. *Details will be coming.*
- g. **Outdoor Only:** Juniors will not be allowed in the SHYC Clubhouse, JR Sailing Room, or Tennis Tweed House, other than to quickly use the restroom at the CLUB. We encourage all juniors to use the facilities at their own home prior to arrival for class, wash hands prior to arrival, and to arrive dressed/ready for class. Showers will not be open for junior use during the program day.
- h. **Cleaning & Sanitization:** We will be following the CDC, EPA, and CT Marine Trades Assoc. guidelines for the cleaning and sanitizing of boats, equipment, touch-points, and storage areas used by each class.
- i. **BYO Equipment, PFD, Racket, PPE, and More:** Participants will be asked to BYO all of their equipment: lifejackets, water bottle, tennis racket, (tennis balls for match play), face covering, towels, and hand sanitizer. No sharing of equipment allowed. Sailors must take homelife-jackets at end of each week to clean according to published [Safe Boating Life-Jacket Cleaning](#) procedures (lifejackets can be left at the club during the program week, if hung to dry in the new designated outdoor JR life-jacket storage zone). No other personal junior gear or backpacks can be stored overnight at SHYC. The JR Room lockers are not to be used this summer.

9. **Parent Logistics:**

- a. **Virtual Orientations:** Parent orientations, sailor orientation, and some class debriefs will be conducted remotely using a platform like ZOOM (or something similar).
- b. **Class Cancelations for Weather:** Sailing and tennis class will be cancelled for severe weather, including rain. Notifications will be sent via text messages as soon as possible to the parents.
- c. **Parent Safety Officers:** Parents are asked to sign-up to be a "safety officer" of the morning or afternoon (if you have kids in sailing program). WE NEED YOU! No sailing experience needed.
- d. **Health Screening Parent Involvement:** Parents will need to complete a health-screen, including a daily temperature check, of their **child each morning**. There will likely be a digital form to complete daily (Google Form) for this process.
- e. **Supervision of Children Under 12yrs:** All children under 12yrs (and anyone who cannot follow COVID-19 rules/policies without adult assistance) must have adult supervision on the club property at all times (unless they are part of a scheduled sailing or tennis class). This includes needing supervision at lunch, between scheduled sailing and tennis classes, and before and after classes. Babysitters ages 16+ will qualify for this supervision role.

10. **Please be flexible and understanding!**

- a. The people organizing this are volunteers, and we are doing the best we can!
- b. We must consider safety and adherence to state/local/CDC policies in all our decisions.
- c. Plans and programs are highly likely to evolve and change as the summer goes on.

Questions - please contact:

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