

SHYC Junior Tennis Classes and Guidelines

SUMMER 2020

(5/29/2020)

JUNIOR TENNIS OVERVIEW:

SHYC Junior Tennis lessons are segmented by age, with class groupings further broken out by skill, age, and social groupings. We are offering several levels of classes for orange, green and yellow ball participants. Unfortunately, at this time we are not offering beginner/red ball tennis classes. More experienced players will be able to participate in Orange, Green, and Yellow Balls (see specifics below). These players will continue to work on stroke basics and footwork, while also building their speed, agility, and endurance; game-play will round out the curriculum. All lessons will be fun and incorporate a variety of fun drills, learning games, and more. Tennis will be scheduled to accommodate sailing classes, as best possible. In general, those taking sailing in the afternoon will have tennis in the morning; and those sailing in the morning will have tennis in the afternoon.

2020 Junior Tennis Schedule Overview:

SESSION A - (June 22 - July 3): Green (11-12 years); & Yellow Ball (13+ years); plus one small class of Advanced Orange Ball (ages 9+). Competitive Match Play will be available for Green and Yellow ball only.

SESSIONS B, C & D -

B - July 6 - July 17

C - July 20 - July 31

D - August 3 - August 14

Starting in Session B, we will open up Orange Ball to ages 8-10 years; Green (11-12 years); & Yellow Ball (13+ years). Competitive Match Play will be available for Green and Yellow ball only.

- All Tennis Classes will cover basics of tennis (based on level), technique, as well as strategy of singles and doubles game. Classes will meet Tuesday, Wednesday, and Thursday; AM or PM based on Sailing schedules and optimal pairings within groups.
- Competitive Level/Match Play: For those looking to engage in more competition and match play (in place of Team Tennis), we are offering classes on Mondays and Fridays. This will be available for Green and Yellow Only (age 11+ years). This is for those players serious about competition. Space is limited.

SUMMER 2020 PRICING:

Each 2-week session of Tennis Lessons/Classes will be \$150/session. Classes meet 3 days a week, on Tues, Wed, Thurs.

Each 2-week session of Tennis Competitive Match Play will be \$100/Session. Competitive Match Play classes will meet days a week, on Mon & Fri.

IMPORTANT INFORMATION - TENNIS SUMMER 2020

SHYC Required Health Screenings: All participating students will be required to have a Daily Health Screening Google Form submitted by their parents/guardians prior to arrival at the courts. Details coming on how this will be managed/executed. *This will be REQUIRED daily, prior to starting class. This will be required of Staff as well.*

Class Arrival Time: Please arrive 10 minutes prior to the start of class to allow time for our COVID-19 check-in process.

Upon arrival at tennis court area:

- All junior players must arrive with a face coverings on
- All junior players must wash hands at the outdoor sink for 20+ seconds with soap (a new outdoor sink to be installed at the courts).
- **Check-In with a Coach:** Players will check in with a tennis coach, who will verify that their health check form was submitted.
 - If the daily health screening form has not been received, the child will need to wait off-court while parents are contacted, and/or child will need to return home.
 - Once Check-In is completed, the player can proceed to the court to a Ribbon gear storage spot.
- **Bag/gear Storage:** Ribbons will be placed on the fence inside the courts to mark each bag/gear storage spot. Players will place their bags/personal items at a ribbon.
- **Face Coverings** can be removed when proceeding onto the court. Once face coverings are removed, players must observe **personal distancing of 6+ feet** for duration of class
- **Stay with your Group:** Players must remain with their designated group throughout class.
- **BYO Tennis Gear:**
 - Bring your own Face Covering (and arriving wearing it)
 - Bring your own tennis racket (no loaner rackets available)
 - Bring your own hand sanitizer
 - Bring your own water bottle (full of water)
 - Bring your own can of balls - Each ball (and the can), should be labeled with the child's name/initials (balls are used for serving).

Additional JR Tennis Rules

- **Ball Equipment:** All ball carts, hoppers and ball tubes are to be **used by staff only**. Players can help by rolling balls to the net with their feet or rackets only. Players should also not touch the club's balls with their hands.
- **Tweed House:** Players are not allowed in the Tweed House (the hut) this summer. Please remember to use the restroom prior to arrival.
- **Rackets:** We cannot lend rackets
- **No Congregating:** No congregating on the porch, steps, or patio before or after scheduled classes.
- Respect and follow all **Social Distancing rules**.

Parents are responsible to ensure their children respect these COVID-19 Guidelines, as well as the SHYC House Rules.

- **Children under 12**, and those that cannot follow these guidelines independently, require adult supervision at the Club (sitters over the age of 16 qualify).
- **If a player cannot follow these COVID-19 safety guidelines** they will be removed from SHYC tennis class for the day and asked to wait on the Tweed House steps. If problems continue, your player will not be able to be part of SHYC tennis this summer.

Questions: If you have specific questions or concerns about scheduling or the program offerings, please contact Elisa Milano (203-499-7855; elisa.milano0520@gmail.com).

SHYC JUNIOR TENNIS RECOMMENDATIONS:

- Tennis Clothing/Footwear Requirements: Players participating in the SHYC Junior Tennis program will be expected to provide their own tennis racket, a can of balls (all labeled with child's name), water bottle, and wear appropriate tennis clothing.
- Recommend tennis bag, hat, visor, and/or sunglasses.
- All junior tennis players are required to have their own bottle of hand sanitizer.

SHYC TENNIS GENERAL RULES & EXPECTATIONS

- Mark-proof tennis shoes and appropriate tennis apparel are expected. Shirts must be worn at all times. Pockets to hold tennis balls is necessary.
- No running sneakers, sandals, Crocs, sailing shoes
- No bathing suits
- No congregating on the courts, at the Tweed House, or the patio is permitted this summer.
- Boisterous behavior, profanity, throwing rackets, striking nets, marking court surfaces, and other acts that interfere with the well being of the general membership, will not be tolerated.
- Smoking and eating on the courts is prohibited.
- Players are responsible for their own trash. There are trash bins on the side of the Tweed House for proper disposal.
- No bikes, scooters, ripsticks, skateboards, or roller blades are permitted on tennis courts.
- Restrooms are NOT available for player use at tennis courts.

TENNIS CONTACTS:

SHYC Tennis Hut phone: 203-453-6946

Head Pro: Steve Godiksen: 203-215-6197, stevegodiksen@yahoo.com

Tennis Coordinator: Elisa Milano: 203-499-7855; SHYCtennis1@gmail.com for general inquiries